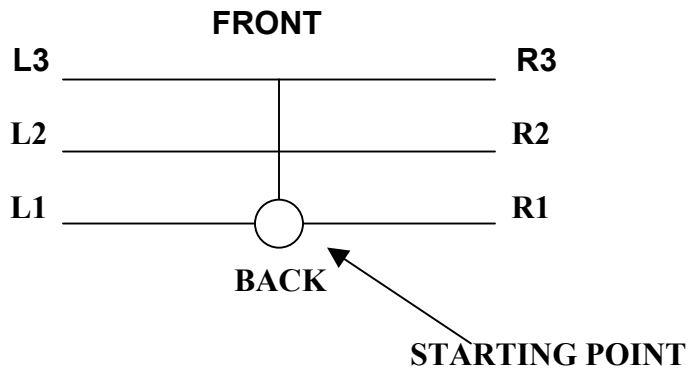


TAE GUK EE JANG (TWO)



Joon bi facing the front

1. Look left and move left foot toward L-1 into a left walking stance with a left down block
2. Step right foot toward L-1 into a right front stance with a right center punch
3. Look right and move right foot 180 degrees clockwise toward R-1 into a right walking stance with a right down block
4. Step left foot toward R-1 into a left front stance with a left center punch
5. Look left and move left foot 90 degrees toward the front into a left walking stance with a right inside block
6. Step right foot to the front into a right walking stance with a left inside block
7. Look left and move left foot to L-2 into a left walking stance with a left down block
8. Execute a right front kick to L-2, setting kicking foot down into a right front stance with a right high punch
9. Look right and move right foot 180 degrees clockwise toward R-2 into a right walking stance with a right low block
10. Execute a left front kick to R-2, setting kicking foot down toward R-2 into a left front stance with a left high punch
11. Look left and move left foot 90 degrees toward the front into a left walking stance with a left high block
12. Step toward the front into a right walking stance with a right high block
13. Pivot on right foot, move left foot 270 degrees counter-clockwise toward R-3 into a left walking stance with a right inside block

- 14.** Pivot 180 degrees clockwise toward L-3 into a right walking stance with a left inside block
- 15.** Look left and move left foot toward the back into a left walking stance with a left down block
- 16.** Execute a right front kick, setting kicking foot down into a right walking stance with a right center punch toward the back
- 17.** Execute a left front kick, setting kicking foot down into a left walking stance with a left center punch toward the back
- 18.** Execute a right front kick, setting kicking foot down into a right walking stance with a right center punch toward the back - KIAP!

* Move left foot back counter-clockwise to face the front in Joon bi stance.

ONE TEAM, ONE FIGHT !!

